

FREE Programs!

ADAPTIVE RECREATION

Friday Night Out, 6+ yrs

Ages six and up promotes healthy socialization, builds self-esteem, and develops leisure awareness through the use of games, crafts, music, and special events. Held year-round September-May (no events held in June, July, or August).

Co-sponsored by the Special Olympics.

First Friday of each month, Sept-May

Location: Senior Citizens Center, 211 Bodem Street, Modesto

FREE	7:00-9:30pm	1st Friday of the month
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SPRING SOCIAL - MAY 3

Start your spring off with a night of music and refreshments.

THE GAME IS ON - SEPT 6

Come and enjoy a game night with Wii Sports and board games. Challenge your friends to a game of checkers!

MOVIE NIGHT - OCT 4

We'll enjoy great snacks and watch a movie on our theater-sized screen.

PIZZA AND BINGO NIGHT - NOV 1

What would be better than a night of pizza and bingo?

WINTER SOCIAL - DEC 6

Come dance or just listen to the music by John Wray.

ART

M.A.D. & Karaoke Lounge, 12+ yrs

A fun, energetic and creative atmosphere for youth and teens to share their musical instruments, artistic skills in drawing, and dance talents!

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	1:00-3:00pm	Saturdays
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DANCE

Folklorico Group Mixtlan, Kids and Teens

For children and teens of all ages to learn traditional Mexican dance. Please contact Maddux Youth Center for more information. (209) 341-2950.

Instructor: Lorrie Becerra

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	5:00-7:00pm	Tuesdays
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HEALTH AND FITNESS

Bailoterapia, 16+ yrs

Combining aerobics with typical dance steps executed in the Iberian and Latino dances, Bailoterapia not only reduces tensions, but is also effective for weight loss and sociability. The benefits also include reduced levels of stress, improved mood, concentration, and joy!

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	5:00-6:00pm	Wednesdays
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Dance Fitness, 16+ yrs

This unique training program teaches the basic dance steps needed to participate in aerobic fitness. It incorporates light weights and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba and much more. Discover how easy and fun losing weight, muscle toning and getting in shape can be. You don't need to be an experienced dancer to enjoy; beginners are welcome. This class is for all fitness levels.

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	5:00-6:00pm	Mondays
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TEAM SPORTS

Adult Basketball Class, 18+ yrs

Come get fit while playing and learning the fundamentals and more advanced playing methods of basketball! Develop teamwork, sports skills, and achieve individual recognition awards.

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	1:30-4:00pm	M T W Th
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Youth Co-Ed Basketball, 10-17 yrs

Come and learn the fundamentals of basketball. Expand, sharpen, and develop your basketball playing skills. Coaches and staff are here to assist you! Develop teamwork sports skills and achieve individual recognition awards.

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	4:30-7:00pm	Tuesdays and Thursdays
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REGISTRATION

CLASSES

ACTIVE OLDER
ADULTS

FREE
PROGRAMS

SPECIAL
EVENTS

FACILITIES

Junior Giants, 5-13 yrs

Junior Giants is an 8-week, non-competitive baseball league for boys and girls ages 5-13 in the 2019-2020 school year. The league focuses on the fundamentals of baseball as well as leadership, teamwork, confidence, and integrity. Games are scheduled to begin in June.

Coaches and Player registration begins April 1, 2019.

Register online at gojrgiants.org or modestogov.com/prnd.

For more information, contact Stephanie Smith at (209) 577-5450 or ssmith@modestogov.com.

SUPPORT AND INFORMATION**Our Time Coed, 8-16 yrs**

This program is designed to create a fun and engaging program for kids ages 8 to 16 years in which they learn life skills through critical thinking and creative expression via educational group games and on-line educational computer game activities. Participants also enjoy karaoke songs as they select their favorite songs.

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	4:00-5:00pm	Fridays
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TECHNOLOGY**Basic Computer Class, 16+ yrs**

This drop-in hour is a time to come and learn a bit about how to use a computer or navigate through the internet - please contact Maddux Youth Center for more information. (209) 341-2950. Ages Teen, 16+.

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	By appointment
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Job Resource Lab, 16+ yrs

This lab is a time for adults or teens to come in and work on their resumes and apply for or search for jobs and colleges. Ages 16 and up.

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

FREE	Mondays-Friday 1:30-4:30pm, Saturdays 11:00am-2:00pm
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YOUTH CAMPS**Summer Youth Basketball Clinic, 8-16 yrs**

Maddux Youth Center is hosting a eight-week co-ed youth basketball clinic to help develop the fundamental skills of playing basketball. Youth ages 8-16yrs old will be guided by experienced staff and volunteers.

Location: Maddux Youth Center, 615 Sierra Drive, Modesto

\$20	6/4/19-7/30/19	T/Th 1:30-3:30pm, Sat 11:00am-1:30pm
<i>Holiday 7/04</i>		

Up, Down and All Around Kids Camp, 5-12yrs

A unique no-cost summer camp that gives children the opportunity to explore art, food, games, sports, and stories of many cultures while developing an appreciation of traditions from all around the globe. Registration is FREE and participants can register on site at Neighborhood Center at Marshall Park on first day of camp.

Location: Neighborhood Center at Marshall Park

420-A Chicago Avenue, Modesto

FREE	6/4-7/12	12:00-4:00pm	M-F	5 days
<i>Holiday July 4, No camp</i>				